

**Spring and Summer Programs**

* **Minis Spring League**
* For kids 4 years old to 7 years old
* Starts in April until June
* Players assigned to a team with the same age group.
* Practice once on weeknight and a game on Saturday
* Trained by our volunteer coaches.
* Focused on team game and having fun playing as a team.
* **Cascadia League**
* For kids 8 years old to 17 years old
* Starts in April until June
* Players assigned to a team with the same age group.
* Practice once on weeknight and a game on Saturday
* Trained by our volunteer coaches.
* Focused on team game and having fun playing as a team.
* **Spring Monday Night Academy**
* Starts in April until June
* Training every Monday night at Byrne Creek Secondary turf
* Trained by our Technical Team (paid coaches) with the direction of our Technical Director
* Training is focused on individual skills and self-improvement.
* Training in 4 different groups
	+ - For kids 4 years old to 7 years old
		- For kids 8 years old to 12 years old
		- High Intensity Training (selected players)
		- Goalie Training

**CAMPS:**

* Participants are grouped by age.
* A combination of soccer training and other outdoor games and activities
* Oversees by our Technical Director and trained by our technical coaches and high school volunteers
* **Spring Break Camps**
* 1- or 2-weeks camp during school Spring Break in March
* Full day, from 9 am – 3 pm
* **Summer Camps**
* 1 full week of camp during summer (July and/or August)
* Full day, from 9 am – 3 pm
* **Pro-D Day Camps**
* 1 full day camp
* Various dates during Burnaby School District Pro-D Day

There will be no make-up session if session is cancelled due to field closure due to weather conditions. Session schedule and time can be changed at any time. In case of any dispute, SBMC Executive Committee’s decision is final.