



SOUTH BURNABY

METRO CLUB

Concussion Management Policy

OBJECTIVE

- To clearly communicate protocols for concussion management

GUIDELINES

BC Soccer Policy:

- Annually ensure players, with their parent(s)/ guardian(s) if the player is under the age of 18, are educated about the signs and symptoms of concussions. Players, with their parent(s)/ guardian(s) if under the age of 18, must acknowledge that they have received information about the signs and symptoms of concussions and that they have a responsibility to report concussion-related injuries and illnesses to an independent medical professional.
- Ensure players, with their parent(s)/ guardian(s) if the player is under the age of 18, who exhibits signs, symptoms, or behaviors consistent with a concussion shall be removed from athletic activities (e.g., competition, practice, or physical conditioning sessions) and assessed by an independent medical professional with experience in the evaluation and management of concussions.
- Requires medical clearance for a player, with their parent(s)/ guardian(s) if the player is under the age of 18, diagnosed with a concussion to return to athletic activity (e.g., competition, practice, or physical conditioning sessions) as determined by the independent medical professional.
- Requires players, with their parent(s)/ guardian(s) if the player is under the age of 18, diagnosed with a concussion to provide written evidence of medical clearance to the team's coach and the local club, youth district, or adult league before returning to athletic activity (e.g., competition, practice, or physical conditioning sessions)